



with Virginia

Veterans Memorial Center

What is Zumba?

Zumba is part aerobic fitness, part dance. No experience necessary. All ages and fitness levels welcome.

When?

**Monday: 9:30-10:30am
(Low Impact)
Tuesday: 9:30-10:30am
Saturday: 9-10am**

\$5 per person

**For more information:
321-506-2231
www.virginiazumba.com
Facebook: Virginia Zumba**